

# WALKING AND BICYCLING RESOURCES

Whether you're interested in bicycling or walking for your commute, errands, fun, or leisure, the information and resources below will help you make the most of biking or walking in Marin County.



## SERVICES

- **BikeLink Card**  
Gain access to secure bicycle lockers throughout the Bay Area. For more information, visit [BikeLink.org](http://BikeLink.org).
- **Bikes on Trains**  
SMART allows bikes on board, and bike parking or secure bike lockers are available at many stops. For more information, visit [SonomaMarinTrain.org](http://SonomaMarinTrain.org).
- **Bikes on Buses and Ferries**  
Buses and ferries can all accommodate bicycles on board, and bike parking is available at over 40 bus stops/ferry terminals. For bike rack locations, visit [GoldenGate.org](http://GoldenGate.org).
- **Emergency Ride Home**  
Walked or biked to work, but then an urgent issue came up? No problem, TAM will pay for your ride home. For more information, visit [tam.ca.gov/erh](http://tam.ca.gov/erh).
- **Bike Share**  
A bike share program is coming soon, and is planned to operate at and around SMART stations in Marin and Sonoma Counties. Visit [MarinCommutes.org/walk-and-bike](http://MarinCommutes.org/walk-and-bike) for the latest on the program.



## RESOURCES

- **MarinBike.org**  
Click the 'Resources' tab to find beginner bike tips, information about the bike match network, e-bike policies, maps, and more.
- **511.org/Biking**  
Check out resources for biking to work or school, plus information on bike access and maintenance.
- **SafeRoutesToSchools.org**  
Learn more about healthy commutes for your kids and get connected with other families.
- **SpareTheAirYouth.org**  
Review the extensive resources for biking and walking from this regional program that encourages families to use alternative modes of transportation.



## MAPS AND GUIDES

Find the best route with these maps and guides:

- **MarinBike.org/Shop**  
Purchase a road, mountain, and transit biking map.
- **Google.com/Maps**  
Select the bike icon or turn on the bicycling layer to plan a trip or see the best bike routes in your area.

For more tips on walking and bicycling resources, visit <http://marincommutes.org/walk-and-bike>



# NEW TO BICYCLING OR WALKING IN MARIN COUNTY?

Whether you want a more active commute, a way to get more exercise, or a leisurely way to reduce stress, walking and bicycling in Marin County is a great option. Use the steps below to get started:



## Step 1: Choose your mode

Use [Google.com/Maps](https://www.google.com/maps) to determine how far away your destination is.



If it's one mile or less, walking is often a great option.



If it's over one mile, consider biking!

## Tips for New Bicyclists

For help getting started bicycling in Marin, visit [marinbike.org/resources/beginner-tips](https://marinbike.org/resources/beginner-tips). If you need help fixing up your bicycle, or finding the right bike for you, try reaching out to a local bike shop - they are happy to help!



## Step 2: Find & practice your route

Use the resources under Maps and Guides to plan your route ahead of time and test it out on a day with no time constraints.



## Step 3: Prepare for your trip

Take a look at the weather forecast to figure out what clothes to wear or bring. If you're walking, make sure you have comfortable walking shoes. If you're biking, make sure your bike is in good working order.



## Step 4: Enjoy the ride, or walk!

Bicycling and walking is good for you and our community. Not only can it help you improve your health, save money, and reduce stress, it can help to reduce greenhouse gas emissions and traffic congestion in our community.

For more tips on walking and bicycling resources, visit  
<http://marincommutes.org/walk-and-bike>

